

COACH MENTORSHIP - PRACTICE OBSERVATION AND FEEDBACK FORM

 Coach Self-Assessment

 Coach Observation – Observer: _____

COACH: _____

DATE: _____

LOCATION: _____

TEAM: _____

RATING SCALE: 3 - Above Expectations 2 - Meets Expectations 1 - Needs to Improve N/A - Not Applicable

PRE-PRACTICE PREPARATION

	3	2	1	N/A
Objectives: - Identifies specific technical and tactical objectives for the practice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization: - Pre-ice presentation, preparation of Assistants - Equipment required	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Practice Outline: - Clear, organized, diagrams, includes warm-up and cool down, related to stated objectives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Components of Yearly Plan: - Practice plan corresponds with yearly plan - Objectives and drill progressions relate to previous practice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PRACTICE

	3	2	1	N/A
Use of drills: - Full participation by players, teaches skills and tactics effectively - Use of drill progressions from simple to complex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teaching techniques: - Allowed time for teaching and demonstration - Demonstrations are effective, effective use of voice and body language	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Error Correction: - Immediate and appropriate feedback to players - Repetition of drills where necessary	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rapport with players: - Positive communicator, non-threatening, relaxed atmosphere - Evidence of player enjoyment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization: - Utilizes full ice surface when necessary and appropriate, follows practice outline - Attention to risk management, use of on-ice assistants and any support personnel.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

GENERAL OBSERVATIONS

THINGS THAT WENT WELL:	THINGS TO IMPROVE UPON:
1. _____ 2. _____ 3. _____	4. _____ 5. _____ 6. _____

NOTES