



*Hockey Nova Scotia's
High Performance 1 Seminar*



***2012 National Coaching Certification Program
High Performance I Seminar***

*July 22nd - 27th, 2012
Antigonish, Nova Scotia
St. Francis Xavier University*

The NCCP High Performance I (formerly Advanced I) Seminar will be held from July 22nd-27th in Antigonish, NS on the campus of St. Francis Xavier University.

In an effort to continue to provide a wider range of professional development for interested and qualified coaches, this seminar will be combining coaching education and an athlete development camp.

The coaching seminar will be the NCCP High Performance I Program where professional speakers will deliver sessions featuring topics such as special teams, yearly plan, offensive/defensive individual tactics, offensive/defensive team play systems, goaltending and much more. You will have the opportunity to learn from some of the top coaches and hockey minds in Atlantic Canada, as well as other presenters from around the country.

The theory of coaching will be merged with the on ice application of coaching. In addition to classroom lectures and tasks, the selected coaches will plan and run on-ice sessions and participate on the bench in game situations for a portion of the Hockey Nova Scotia Male Under 14 and Male Under 15 Summer Camps.

It is the commitment of the Atlantic Branches to work with the already existing Provincial Branch Summer Camp to provide an exceptional professional development opportunity.

High Performance I Background and Eligibility Criteria

The NCCP High Performance I Seminar is held every two (3) years in Atlantic Canada and is targeted at those coaches who have significant coaching experience, and want to pursue higher levels of coaching competitive athletes.

Those coaches applying for NCCP High Performance I Level Qualification/Certification through this Seminar must meet the following criteria:

- Must be currently coaching at the Bantam competitive level or higher
- Coaches of Male athletes - must have a minimum three (3) years coaching experience at the Bantam level or higher
- Coaches of Female athletes - must have a minimum three (3) years coaching experience at the Midget level or higher.
- *Special situations will warrant consideration.*

To complete the field evaluation following the seminar, coaches must meet the following criteria:

- For coaches of male athletes you must be coaching at the Bantam competitive Level or higher **in the upcoming season**
- For coaches of female athletes, you must be coaching at the Midget level or higher **in the 2011-2012 season.**

As part of the selection process a maximum of 36 candidates will be accepted. Beyond experience and current coaching situation the selection process will also consider:

- Previous NCCP coach education and/or certification
- A history of ethical coaching and the development of athletes
- Work within the Hockey Canada structure in other leadership roles - instructor, mentor, facilitator etc.

* All candidates applying for NCCP High Performance I will be subject to selection by Hockey Canada's Atlantic Regional Centre Management Committee. ***Not all applicants will necessarily qualify for the NCCP High Performance I Level.***

Potential NCCP High Performance I Program Topics

- Yearly Training Planning - Designing and Managing a Hockey Program
- Ethical Coaching
- Managing Outside influences - billets, travel, parents, volunteers etc.
- Goaltending
- Special Team - Powerplay and Penalty Kill
- Bench Management - Game Analysis and Managing the Game Environment
- Offensive Team Play
- Defensive Team Play
- Individual and Group Tactics
- Practice Design and Delivery
- Nutrition - including creating a drug free environment
- Physical preparation of athletes
- Mental Preparation - Preparing yourself and your players
- Player Evaluation
- Use of Video
- Skill Analysis
- Recruitment of Athletes
- Decision Training

Group Work Modules

- Statistical Analysis
- Player Evaluation
- Practice Design and Preparation
- Game Analysis

Application Process

- Complete the enclosed application form and submit with the requested documentation to Darren Sutherland at dsutherland@hockeynovascotia.ca by **May 1st, 2012.**

Program Costs

- **2012 “National Coaching Certification Program High Performance I”**
 - NCCP High Performance I Level Delegate **\$800.00 + HST= \$920**
 - *(includes all materials, attendance, presentations, gift, and exam marking).*
- Meals & Accommodations Package
 - Further information will be available from St. Francis Xavier University and Hockey Nova Scotia
- An additional cost of **\$200.00 will be charged for field evaluation** once exams have been passed
- **Observer Status** - for those already certified at the HP 1 (formerly Advanced 1 level) **\$400.00+ HST = \$460** (includes all presentations, attendance)

Checklist For Seminar Application And Payment Of Fees

➤ APPLICATION PROCESS

- ❑ A ***detailed*** Coaching/Education Resume and Letter of Reference from your Minor Hockey Association or Club Team must accompany the attached application form
- ❑ Deadline for application is May 1st, 2012
- ❑ Full seminar registration fee of \$800.00 is due by application deadline - May 1st, 2012
- ❑ Should you not be successful in selection, your payment will be returned

➤ MEAL AND ACCOMMODATION PACKAGE

- ❑ Further information will follow with regards to meals and accommodations package which will be available.

➤ CANCELLATION/REFUND POLICY

- ❑ Upon acceptance into the 2012 High Performance I Program, your payment will be processed.
- ❑ Full refunds will be provided up until June 1st, 2012. A cancellation fee of \$50 will apply.
- ❑ Any cancellation following June 1st, 2012 will be subject to a \$150.00 cancellation fee.

➤ NOTICE

The High Performance I Coaching Seminar is held every three (3) years in Atlantic Canada. After the 2012 summer Seminar, the next opportunity to attend the High Performance I seminar in Atlantic Canada will be the summer of 2015 in Newfoundland.



**2012 National Coach Certification Program
High Performance I Seminar
Application Form**



PLEASE PRINT

Name _____ E-Mail Address _____

Address _____
(Street, Box #) (City/Town) (Province) (Postal Code)

Telephone () () ()
(Residence) (Business) (Fax)

What Level will you be coaching in the 2012-2013 Season? _____

Male or Female? _____

APPLICATION

- ✓ A detailed Coaching/Education Resume and Letter of Reference from your Minor Hockey Association or Club Team must accompany this application form. **Bantam competitive coaches must have letter stating they are head coach in 2011-2012.**
- ✓ Deadline for application is May 1st, 2012- Full seminar registration fee of \$800.00 is due by application deadline
- ✓ Should you not be successful in selection, your payment will be returned

CANCELLATION/REFUND POLICY

- ✓ Upon acceptance into the 2012 High Performance 1 Program, your payment will be processed.
- ✓ Full refunds will be provided up until June 1st, 2012. (minus a \$50 cancellation fee)
- ✓ Any cancellation following June 1st, 2012 will be subject to a \$150.00 cancellation fee.

Please mail or fax your application to:

**Darren Sutherland
Hockey Nova Scotia
7 Mellor Ave- Unit 17
Dartmouth, NS B3B 0E8**

**Email: dsutherland@hockeynovascotia.ca
Telephone: (902)454-9400 Fax: (902)454-3883**

Form of Payment: All cheques/money orders should be made out to "Hockey Nova Scotia".

Cheque enclosed

Money Order enclosed