

Nova Scotia Female Midget Hockey League Format commencing 2016-17 season.

1.0 OBJECTIVES

- 1.1 The objectives of the Nova Scotia Female Midget Hockey League are:
- 1.2 To provide a higher calibre of play for skilled female players in all areas of Nova Scotia;
- 1.3 To encourage players to stay at home in Nova Scotia by providing a viable competition alternative;
- 1.4 To provide a competitive level of hockey under Hockey Nova Scotia rules that provides for an emphasis in education, skill development, and sportsmanship; and
- 1.5 To enable skilled players to compete against players of similar level while limiting the impact on family and travel to players.

2.0 STRUCTURE

- 2.1 The league will consist of four (4) regionalized teams located in the following regions:
- 2.2 REGION 1: Area inclusive of all Minor Hockey Associations within the Cape Breton and Strait Regions.
- 2.3 REGION 2: Area inclusive of all Highland and Fundy Region Minor Hockey Associations.
- 2.4 REGION 3: Area inclusive of Dartmouth, Cole Harbour, Eastern Shore, East Hants, Bedford and Sackville Minor Hockey Associations.
- 2.5 Region 4: Area inclusive of Halifax, Chebucto and TASA Minor Hockey Associations and all Minor Hockey Associations in the Nova and Western Zones.

3.0 GOVERNANCE

- 3.1 The league shall be administered by a league executive appointed by Hockey Nova Scotia's Female Council, as approved by the Hockey Nova Scotia Board. This executive shall consist of:
 - President;
 - Vice President;

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- Secretary/Registrar;
- Treasurer;
- Chair, Hockey Nova Scotia Female Council;
- Conference Coordinators, Hockey Nova Scotia Female Council
- One member each League Team (Non-voting)

3.2 All NSFMLH Executive Committee members shall be appointed by the Hockey Nova Scotia Female Council annually, with the exception of the President, which shall be appointed for a two (2) year term.

4.0 RESIDENCY

4.1 Players must try out for the team within their respective region.

4.2 Should a player not be selected to the team within her region, she may try out for any one (1) of the three (3) remaining teams in the league. Each player is only permitted to try out for a maximum of two (2) Midget AAA teams per season.

4.3 Players currently registered with a team whose new boundaries do not include their residence (as defined by Hockey Nova Scotia regulations) may choose to stay for the remainder of their Midget eligibility with their current team or play with the regional team from their home jurisdiction. Players must choose where they will play their remaining Midget eligibility by April 30, 2014. This clause is not applicable to players who are not currently participating in the Midget AAA league, including siblings of current players.

5.0 PLAYER ELIGIBILITY

5.1 Players who are Midget aged (15, 16, 17 years old within the calendar year of the start of the season) and who are residentially eligible to register and play minor hockey in Nova Scotia are eligible to try out for their Midget Zone AAA team.

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5.2 Underage players shall be permitted to play in the Nova Scotia Female Midget Hockey League, providing they qualify as per the exceptional player status process.

5.3 Over-aged players are not permitted.

6.0 PLAYER SELECTION

6.1 Player evaluation and selection will be the responsibility of each respective team, utilizing the Hockey Nova Scotia High Performance Programme Evaluation/Selection Model.

6.2 Try outs for all clubs shall not commence prior to August 15th, and must conclude no later than September 10th each season.

7.0 PLAYER AFFILIATION

7.1 Hockey Nova Scotia regulations for special affiliates apply. To be eligible, a player must be a member in good standing within a recognized Hockey Nova Scotia minor hockey association and within the team's region.

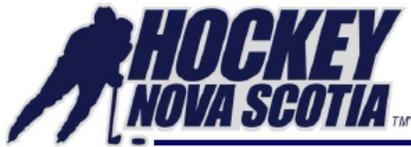
8.0 TEAM COMPOSITION

8.1 Teams shall consist of a maximum of seventeen (17) players and two (2) goaltenders.

9.0 TEAM UNIFORMS

9.1 All clubs must provide the following equipment to all participating players:

- Sweaters (team colours approved in bid process);
- Matching socks;
- Matching gloves (preferred but optional);
- Helmets and CSA approved masks; and
- Matching pants or shells.



7 Mellor Avenue, Unit 17
Dartmouth, Nova Scotia
B3B 0E8

Phone: (902) 454-9400
Fax: (902) 454-3883
Website: www.hockeynovascotia.ca

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10.0 CONFLICT OF INTEREST

10.1 Each team shall be responsible to select their respective team executive and volunteer staff. Team administrators must complete and submit the Hockey Nova Scotia Conflict of Interest form to the League prior to acceptance by Hockey Nova Scotia.

11.0 PLAYER FEES AND COSTS

11.1 Player fees may be collected to cover the following:

- Ice costs (includes games and minimum two (2) hours practice per week);
- Try out fees;
- Transportation (Normally provided by parents. These travel costs include rental of buses during winter months);
- Officials (Local officials to be used whenever possible);
- Player registration/insurance;
- Sweaters and equipment;
- Team administrative costs;
- League administrative fee;
- Trophies/awards;
- Tournaments;
- Playoff costs.

12.0 REGISTRATION

12.1 All team members and officials must be registered as specified in Hockey Nova Scotia regulations.

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13.0 SCHEDULE

13.1 Teams will play a twenty (24) game schedule, with all games being played on weekends (Saturday afternoon and/or evening, Sunday morning and/or afternoon), and scheduled at times that allow players to travel to games from their place of residence on the day of the game.

13.2 Any change to the schedule will require approval by the league.

14.0 COMPETITION

14.1 Each league game will consist of:

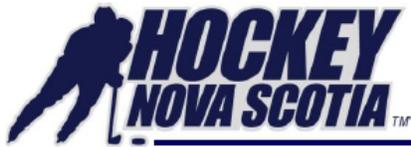
- 1 x 15 minute period;
- 2 x 20 minute periods;
- 10 minute warm-up;
- 10 minute intermission between the 2nd and 3rd period;
- Ice to be resurfaced between the 2nd and 3rd period;
- No overtime during regular season league play; and
- Overtime during playoffs.

15.0 PRACTICES

15.1 Teams must hold a minimum of two (2) practices per week, at a minimum of one (1) hour duration each. Players are expected to make every effort to attend all practices.

16.0 COACH SELECTION

16.1 Each team shall be responsible to select their respective team coaching staff. All coaches and bench staff must meet the minimum certification standards as specified in Hockey Nova Scotia's regulations, and require approval by the NSFML Executive Committee.



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17.0 DISCIPLINE

17.1 Hockey Nova Scotia's Code of Discipline applies to the Nova Scotia Female Hockey League.

18.0 MEMBER TEAMS

18.1 The league's four (4) teams/franchises will be awarded through an evaluation of submitted bids from interested groups who meet specified bid criteria. Teams/franchises will be awarded for a two (2) year term, upon conclusion of which application must be resubmitted. Hockey Nova Scotia has the right to revoke membership upon completion of the term. Teams will be evaluated during their term to ensure they adhere to all aspects of the bid solicitation requirements, league constitution, and Hockey Nova Scotia policies and procedures.