



Quick Facts and FAQ's

PLAYER DEVELOPMENT

QUICK FACTS

1) The age divisions for Hockey Canada are as of December 31 of the current playing year.

- Initiation – 5 & 6
- Novice – 7 & 8
- Atom – 9 & 10
- Peewee – 11 & 12
- Bantam – 13 & 14
- Midget – 15 – 17
- Junior – 20 and under

2) Depending on which province you live in you can find specific information by going to the following link http://www.hockeycanada.ca/index.cfm/ci_id/16058/la_id/1.htm and clicking on the Branch that pertains to you.

FAQ's

How can I order a Hockey Canada Skills Development Manual?

- Contact Breakaway at 1-800-667-2242
- Click on the following link <http://breakaway.hockeycanada.ca>

How can I register for a Hockey Canada Skills Camp?

- You can register on-line at <http://www.hockeycanada.ca/7/7/4/9/index1.shtml> or contact your nearest Hockey Canada Regional Centre.

Our Association would like to host a Hockey Canada Skills Development Camp, how do we get one?

- Contact your nearest Hockey Canada Regional Centre <http://www.hockeycanada.ca/6/9/5/9/index1.shtml> or your Branch Office.

How can I find out about the Initiation Program?

- Please contact your Branch Office through the following link http://www.hockeycanada.ca/index.cfm/ci_id/16058/la_id/1.htm

What is the Skills Standards and Testing program?

- The skills standards and testing program is a free resource provided to teams and associations where players can be run through various skills tests and then entered into a database to see their results and then receive drills for improvement to work on areas of weakness. Go the following link for more information <http://www.hockeycanada.ca/7/7/5/3/index1.shtml>



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FEMALE HOCKEY

QUICK FACTS

- There are approximately 65,000 females players registered in Canada.
- In 1988-89 there were approximately 7000 and the 2001-2002 season recorded the number of females registered at 54,563
- The province with the greatest number of female registration is Ontario with approximately 35,000.
- There are approximately 1000 active female coaches in Canada
- There are approximately 1300 active female officials in Canada
- The ESSO Fun Day is a program that allows females to try hockey in a fun and safe environment at no cost. <http://www.hockeycanada.ca/7/0/8/2/index1.shtml>
- Hockey Canada is responsible for ESSO Women's Nationals and the National Under 18 Challenge as far as female domestic events. The Western Shield, Central Shield and Atlantic Challenge Cup are all run by their regional branches.

FAQs

We have recently started a female hockey program and we live in a small region; I was wondering what I can do to grow the program?

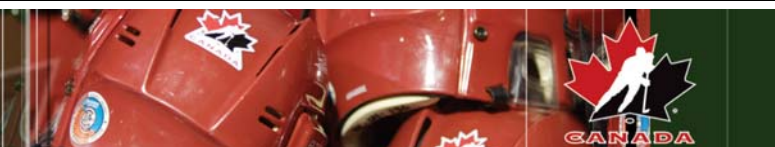
- Female Initiation Program
- ESSO Fun Day- working with local schools to have an ESSO Fun Day for the females in the school, mom and daughter ESSO Fun Day, current players invite a friend to participate in ESSO Fun Day
- Once a week or once a month or twice a month have ice set aside for females in the male system to practice together
- Invite player from National Team or local player that has played on Provincial team to present to local schools on their experience and the opportunities within female hockey.

Can we get a Female Skills Camp? <http://www.hockeycanada.ca/6/9/5/9/index1.shtml>

We would like to hold an ESSO Fun Day in _____ ? <http://www.hockeycanada.ca/7/0/8/2/index1.shtml>

How can I try out for my Provincial under 16 or 18 team?

You will need to contact your Provincial Branch to find out how you go about getting a try out well as their try out schedule. http://www.hockeycanada.ca/index.cfm/ci_id/16058/la_id/1.htm



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RISK AND SAFETY

QUICK FACTS

- ✓ The emphasis of this program is on injury prevention and safety through risk management and education.
- ✓ The program is available to any person who is interested in being a Safety Person on their team.
- ✓ With the 2000-2001 hockey season, this program became a mandatory part of all amateur hockey programs under the Hockey Canada banner.
- ✓ In Ontario the program is known as the Hockey Trainers Certification Program and is delivered by the Hockey Development Centre for Ontario. For more information visit their website at <http://www.hdco.on.ca>.
- ✓ For more information on the Hockey Canada Safety Program visit www.hockeycanada.ca.

FAQ's

How does the Hockey Canada Safety Program improve the game of hockey?

The Hockey Canada Safety Program improves the game by providing an organized, easy to access education program for hockey safety and injury prevention volunteers. The program provides safety program participants with information they need to promote and implement improved safety, risk management and injury prevention practices in hockey. The program focuses on a proactive, injury prevention based strategy that will benefit all amateur hockey participants and improve the overall quality of the game.

What is the role of the Hockey Safety Person on a hockey team?

The Hockey Safety Person provides a focal point within each hockey team for the development and implementation of an effective risk management and injury prevention program.

How can I, as a volunteer, do more to promote safety in hockey?

If you are interested in becoming a volunteer hockey safety person, you should first contact your local minor hockey association or your Branch of Hockey Canada.

Why does the Hockey Safety Person insist that each player have a completed medical history form at the beginning of each season?

Having a completed medical history form for each player is an essential tool to establishing an effective risk management program for a hockey team. By being aware of medical conditions, previous injury history, allergies, recent illnesses and physical conditions, the Hockey Safety Person is able to establish an effective risk management program for the individual players and for the team as a whole.

Why has the Hockey Canada Safety Program been made mandatory?

The game of hockey is a fast, high-impact sport that holds some risks of injury. A number of effective strategies have been defined that can reduce the chance of injury when implemented as part of a coordinated risk management and injury prevention program. Hockey Canada has adopted the HCSP as a mandatory program to show its commitment to improving the safety and enjoyment of the game by implementing this program for all participants.

I am a medical professional; do I still have to complete the program to be a Safety Person on my team?

Due to the sport specific nature of this program and its emphasis on hockey safety and risk management, no equivalency will be provided regardless of background and credentials

How can I become a course conductor?

For information on becoming a course conductor, contact your [local branch office](#).



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SPEAK OUT PROGRAM

QUICK FACTS

- ✓ Over the last six years, a comprehensive program of training, education, and awareness of bullying, harassment and abuse has been accomplished through workshops, resource materials, and branch and association initiatives
- ✓ Speak Out initiatives have included promotional brochures and posters, a parent's guide to help parents understand abuse, harassment and abuse prevention, and an educational workshop for administrators, coaches, trainers/safety people and other Hockey Canada participants.
- ✓ To date approximately 95,000 hockey volunteers have attended the Speak Out "It's More than Just a Game" Workshop.
- ✓ As a new volunteer this program is essential as part of your training and knowledge. You should talk to your local association or Branch about participating in a "Speak Out" session in your area.
- ✓ Speak Out Promotional materials can be viewed at the following link and be obtained by contacting your Branch Office. <http://www.hockeycanada.ca/7/8/1/1/index1.shtml>

FAQ's

Is the Speak Out Program specifically aimed at coaches?

Although the Speak Out "It's More than Just a Game" workshop focuses on coaching in the game the material has proven to be very useful to administrators, team managers, officials and safety people. Modules specific to being a safety person or official have also been integrated into both the Hockey Canada Safety Program and Officials Program.

Who are some of the program partners of Hockey Canada with respect to the Speak Out Program?

Presently both the RespcED component of the Red Cross and Kid's Help Phone play important roles in the Speak Out Program as Hockey Canada partners.

How long is the Speak Out "It's More Than Just a Game" workshop?

Depending on the size of the group and discussion the workshop can take from 3-4 hours. Topics include prevention of bullying, harassment and abuse, response to incidents of bullying, harassment and abuse and building respectful environments.

How can I become a facilitator for the Speak Out "It's More Than Just a Game Workshop"?

If you are interested in becoming a workshop facilitator contact your Branch Office for information regarding their recruiting and training requirements.

Why are bullying, harassment and abuse policies and procedures so important to an organization?

Policies provide a road map for an organization and its members. The value and importance of good policies for every organization or association cannot be over-emphasized. Apart from providing continuity to the activities of the organization over time as personnel come and go, they also ensure that matters are dealt with in a consistent fashion. Members and others dealing with the organization can know, in advance, the norms of behaviour expected of them.

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CHEVROLET SAFE AND FUN PROGRAM

QUICK FACTS

- ✓ Chevrolet and its Dealers have proudly supported grassroots hockey in Canada through the Chevrolet Safe & Fun Hockey Program since 1999
- ✓ With the support and assistance of Hockey Canada, more than 7,500 players and 100,000 parents will participate in Chevrolet Safe & Fun Hockey Programs this season helping to promote the values of Respect and Responsibility in the game of hockey and also in life
- ✓ Chevrolet Safe & Fun Hockey Jamborees are a series of one day Jamborees for players (ages 6-9), parents and coaches.
- ✓ As the official parent education program of Hockey Canada, Chevrolet Safe & Fun Hockey provides parents with the opportunity to learn about the development process of minor hockey while experiencing the Chevrolet Safe & Fun philosophy first-hand.
- ✓ Safe & Fun Hockey Festivals are held over the course of three days and play host to 100 hockey players between the ages of 5-8 and their parents.

FAQ's

How can my Minor Hockey Association obtain the Chevrolet Safe and Fun Parents Seminar kit and what does it include?

Chevrolet Safe & Fun Hockey and Hockey Canada are proud to offer parents their very own seminar. The seminar allows parents to meet with your local minor hockey association, and other parents to discuss the development of children in minor hockey. In addition, the seminars will discuss how to continue to bring "Respect and Responsibility" into the game of hockey to help create a Safe & Fun environment for coaches, players, officials and parents. The format of the Parent Seminar is as follows:

- A one hour clinic delivered by your local minor hockey association
- All parents are provided with the Chevrolet Safe & Fun Hockey "A Parent's Approach" Manual
- The manual is reviewed during the session
- A question and answer session completes the seminar

To order your seminar kit visit the Chevrolet Safe and Fun web page at www.hockeycanada.ca or the official Safe and Fun website at www.safeandfunhockey.ca

What are one day jamborees and how can my Minor Hockey Association get involved?

In case you haven't heard about Chevrolet Safe & Fun Hockey Jamborees, they are a series of one day Jamborees for players (ages 6-9), parents and coaches. Each Jamboree is designed to promote safety and fun, and bring back "Respect, Responsibility and Trust" to the sport of hockey.

Each hockey Jamboree consists of three main parts:

- On-ice lessons, including skill development, drills, games and safety instruction
- Off-ice player seminars
- Parent seminars

If your Minor Hockey Association is interested in a jamboree contact your Branch office for more information.

Quick Facts and FAQ's

"What are the Three day Hockey Festivals?"

Safe & Fun Hockey Festivals are held over the course of three days and play host to 100 hockey players between the ages of 5-8 and their parents. While at a Festival, players will be on ice for 5 sessions plus they'll take part in a variety of off-ice activities, all of which promote the "Respect, Responsibility and Trust" philosophy.

Parents will also be able to take part in seminars focused on Hockey Canada's nationally recognized parents' education curriculum entitled, "A Parent's Approach". These seminars are designed to help parents effectively communicate the philosophy of a game that is truly "Safe & Fun". Locations for 2005 will be determined in the near future!

How can I obtain a copy of the Parent's Approach Manual?

You can download your own copy of the Parent's Approach Manual at

http://www.gmcanada.com/static/english/chev_safeandfun/index.html?adv=2354

Where do I go for more information on the Chevrolet Safe and Fun Program?

For more information visit the Chevrolet Safe and Fun site at

http://www.gmcanada.com/static/english/chev_safeandfun/index.html?adv=2354

Hockey Canada at www.hockeycanada.ca



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REGIONAL CENTRES

FAQs

What are the Regional Centres, and what programs do they run?

<http://www.hockeycanada.ca/6/9/5/9/index1.shtml>