

Applications are now available for the 2010 Hockey Nova Scotia High Performance Female Program starting with Spring Camp in April 2010. The High Performance Program is a national program administered by Hockey Canada in partnership with Hockey Nova Scotia. The High Performance Program is intended to assist aspiring players in preparing for regional, national and international competition. Hockey Canada's High Performance Program includes the Male Under 17 Regional program, the Female Under 18 Regional program, the Male Under 18 National program, the Male Under 20 (junior) program, the Female Under 22 program, the National teams who compete at the World Championships annually, as well the Olympic Hockey teams which compete every four years.

The dates for the Female Under 15 and Female Under 18 Spring Camps are:

- **April 30 –May 2, 2010 St. Margaret's Centre, Tantallon, Nova Scotia**

Ages for Female Players are as follows:

**Under 18     Player born in 1993, 1993, 1995**

**Under 15     Players born in 1996 , 1997**

Hockey Nova Scotia is very pleased to provide this quality development opportunity to the players of Nova Scotia. The High Performance Program represents a great opportunity to compete among the best players in the province and receive all of the benefits of this program on and off the ice. We look forward to seeing you at the HNS High Performance Program Spring Camp in April. Questions on the above should be directed to Hockey Nova Scotia at (902) 454-9400

For more information contact:

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